

\* Admit You're Happy Month \* Get Acquainted with Kiwifruit Month \*  
 \* National Back-to-School Month \* National Inventors' Month \*  
 \* National Toddler Month \* Family Meal Month \*

August 2007



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
World Breastfeeding Week (8/1 - 8/7)						
			1  World Wide Web Anniversary	2  What's in season? Try peaches, peppers, squash or berries!	3	4  National Mustard Day
5  National Fresh Breath Day	6	7	8  Sneak Some Zucchini Onto Your Neighbor's Porch Night!	9	10	11
12  United Nations' International Youth Day	13 Drink plenty of fluids! Water, juice and milk are better nutrition choices than soda.	14	15  National Relaxation Day	16	17  Sandcastle Day	18  Bad Poetry Day
19  National Aviation Day	20	21  Poet's Day	22	23  Try a new fish or shellfish as a summer entree.	24	25
26  National Dog Day	27  Play tag with the kids in your neighborhood.	28  Full Moon  Lunar Eclipse	29  More Herbs, Less Salt Day	30	31 Try a new fruit or vegetable today.	